

A photograph of a large, historic red brick building with a prominent central tower and multiple chimneys, set against a blue sky with light clouds. The building is partially obscured by a green graphic overlay that frames the title text. In the foreground, a statue of a person is visible on the left side of the building.

Northside Community Enterprises Outreach Report 2022

www.nce.ie

ADMINISTRATION INFORMATION

BOARD OF MANAGEMENT

John Dooley
Vincent Dower
Ann Harnedy
Ann O'Donovan
Nick Heffernan
Therese Hyde

CHAIRMAN

Fr. John O'Donovan

TREASURER

Noreen Hegarty

REGISTERED ADDRESS

St. Finbarr's College,
Redemption Road, Farranferris
Cork

REGISTERED CHARITY NUMBER

20034481

CHY (REVENUE) NUMBER

12054

COMPANY REGISTRATION NUMBER

215494

TABLE OF CONTENT

A Word From Our Chairman	01
Who We Are	02
Our Values	03
Board of Directors	04
Meet The Team	05
Our Strategic Objectives	06
Support & Funding	09
Annual Report	10
Our Impact	24
Testimonials	25

A WORD FROM OUR CHAIRMAN

The purpose of any annual report is to put the spotlight on our actions and developments as a company. In this report, we examine how we have provided education, training, employment progression to the people that come to us from Tabor Group and Cuan Mhuire, Probation Services. We examine how we can improve our facilities, a place of welcome and integration to make available to people on their own particular journey.

NCE Outreach always strives to reach out, learn, and adapt, in other words, engage, enable and empower. Within our services we are always challenged to improve and to respond to the needs of the people who come to NCE. On behalf of the board of directors, I take this opportunity to thank Noreen Hegarty, general manager since 1993 and who retired in March, 2022. I also acknowledge our managers, supervisors and all staff for their welcoming approach and their continued support of our mission statement being put into action which promotes self worth and wellbeing everyday.

I thank our Board of Directors in managing and supporting the work of NCE Outreach in the community and their tremendous support to the programmes that continually evolve in Farranferris Education and Training Campus as mentioned in our NCE Annual Report. These activities onsite and off campus give a very varied approach in our education, training and employment programmes.

NCE Outreach continues to develop through the support and encouragement we get from government agencies and departments (DSP and Cork ETB). It is only through their support and the work of the supervisors and staff of NCE Outreach that we are able to strive to engage, enable and empower the people who come to Farranferris Education and Training Campus.



Fr. John O'Donovan
Chairperson

WHO WE ARE

Northside Community Enterprises Ltd was founded in 1993 to provide support services to communities in Cork City and to offer new opportunities to the long term unemployed through work experience, training, and education.

Since its formation NCE's values and commitment to the community remains steadfast. Through partnerships with educational organisations and government agencies NCE offers effective solutions to enhance workforce preparation and increase employment levels in the area. NCE offers a diverse range of training programmes that are sector specific and which serve the social and economic needs of the local community.

OUR VISION

We believe that all people have the right to integrate with others in our community, re-educate, train, work and gain the relevant experience to progress to future full-time employment.

OUR MISSION

to promote social inclusion and provide accessible training opportunities to serve the needs of the local community.

OUR VALUES

SOCIAL INCLUSION AND EQUALITY

Provide inclusive and respectful services that promote community, empowerment, integration, personal development, a sense of belonging and equal opportunities for all employees. Fairness and transparency are also key here.

COLLABORATION & PARTICIPATION

Work and communicate with all NCE stakeholders by offering services that adapt to the needs of the community (NCE employees, trainees, funding bodies, customers, other organisations, the local and wider community.)

COURAGE & ADAPTATION

To pioneer new ways of moving forward to meet the needs of our community by developing and integrating more sustainable practices throughout NCE.

EDUCATION & TRAINING

Continue to deliver and develop certified training courses that improve employment opportunities for the community. Offer diverse training options to suit a variety of learning styles. Provide certified programmes that focus on building work life and

COMMUNITY ENGAGEMENT & EXCELLENT CUSTOMER SERVICE

Continue to deliver and develop certified training courses that improve employment opportunities for the community. Offer diverse training options to suit a variety of learning styles. Provide certified programmes that focus on building work life and skills, personal development, confidence building and development of career pathways

BOARD OF DIRECTORS



Fr. John O'Donovan
Chairperson



Noreen Hegarty
Treasurer



Ann Hernedy
Secretary



Terese Hyde
Board Member



Ann O'Donovan
Board Member



Vincent Dower
Board Member



John Dooley
Board Member



Nick Heffernan
Board Member

MEET THE TEAM



Barbara Byrne



Aisling Byron



Trish Collins



Karen Kenny



Ger Kiely



Laura Griffin



John O'Leary

OUR STRATEGIC OBJECTIVES

In 2020 we developed a new Strategic Plan for Northside Community Enterprises. We conducted research, held consultations, and reflected with our stakeholders to form this strategic plan for the next 3 years.

Collaboration is a key strength within our organisation, and we are continuing to implement new ways of facilitating participatory practice with our stakeholders, especially with our CE participants. We are developing a holistic model that encompasses education, training, personal development, work experience and sustainability life skills. The transformative effect this service has will not only be seen at an individual level but will impact the organisation as a whole and will also reach out and strengthen the wider community at large.

NCE provides over 100 community employment opportunities and work experience as well as uncertified and certified training for the community which is funded by the Department of Employment Affairs and Social Protection. We are alert to the challenges that changes in community employment policy may bring, the way the economy can impact our social enterprises, the longer-term effects of the current Covid- 19 Pandemic and if funding for educational programs ceases. Therefore, we need to continually look for new creative ways to continue our work.

We believe that everyone has the right to integrate with others in our community. We believe that everyone should be given equal opportunities when it comes to education, training and employment opportunities especially those in rehabilitation programs. We exist to provide a holistic service for people undergoing rehabilitation programs so that they can build life skills and get the necessary experience to progress to employment or further education. We want our organisation to be at the heart of the Community providing key services that strengthens its social and economic fabric.

With this in mind five strategic objectives will contain and propel our work over the period 2020-2022.

01

Create more employment and training opportunities for people at NCE

When working with people from a variety of different backgrounds and educational levels it is important to find and develop new ways to engage the participants so that they can get the full benefits of training programmes and work placements. NCE must be aware of current jobs markets and develop social enterprises and training to reflect this. NCE aim to increase employment opportunities by 50% in the next three years.

02

Increase the profile of NCE.

Since 1993 NCE has been working with the community to provide accessible employment and training opportunities while promoting social inclusion and serving the needs of the community. While much of the local community are aware of the company and services, NCE needs to adapt to further promote the work that is being done by developing a communications strategy, promotional packages and hold more public events to reach a larger demographic.

03

Maintain and establish links with the community and local businesses

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04

Develop NCE as a model for innovative sustainable practices.

In 2019 Ireland declared a national climate and biodiversity emergency. NCE understand the crucial need to take action in order to protect the health of its employees, stakeholders and the wider community as well as educating staff and visitors on the importance of taking climate action. There are 5 acres of listed grounds in Farranferris that need to be maintained and protected to support biodiversity. This will be used as an educational tool for all stakeholders as well as the wider community. NCE is in the process of developing sustainable practices throughout our campuses while also improving and supporting biodiversity on the grounds. NCE aim to be flexible and proficient in standards of best practice across the full organisation.

05

To remain resilient

NCE has had to adapt to meet the challenges of Covid 19 and Climate Change. NCE serves the needs of the local community by providing employment opportunities and training that are vital in 2020. NCE needs to evolve to reflect the current jobs market and need for training. NCE can remain resilient by being consistently informed around learning from and sharing best practices with other likeminded organisations as well as promote the work of NCE to a wider demographic. NCE must aim to act proactively to change the future rather than reactively to constantly adapt to it.

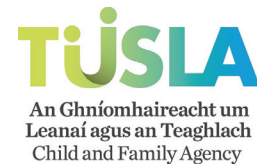
SUPPORT & FUNDING



An Roinn Coimirce Sóisialaí
Department of Social Protection



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth



This is a non-exhaustive list of the funders and supporters that partner with NCE, enabling us to deliver a broad range of activities each year. These include financial and non-financial supports as well as specific project sponsorship. We are most grateful to these organisations and institutions and thank them for their support

NCE OUTREACH ANNUAL REPORT

NCE Outreach works in collaboration with Cuan Mhuire, Tabor Group and The Probation Services of Ireland, who provide support and care to hundreds of service users, who are recovering from all forms of addictions. As part of their recovery programmes, participants from all over Ireland can engage with education and meaningful work placements through NCE Outreach. These programmes offer hope, healing and recovery to people and their families through integrated and caring services.

NCE Outreach received 93 referrals from Cuan Mhuire, The Tabor Group & The Probation Services of Ireland in 2022.

NCE OUTREACH E-LEARNING CENTER

57 participants partook in e-Learning on site in Fellowship House. We had 52 new referrals and 5 participants continued in class from 2021, so 57 participants partook in total. Courses were primarily ICDL(ECDL) until this year. We noticed that not every student had the ability to achieve this standard of digital training due to literacy issues, (including digital literacy).

NALA (National Adult Literacy Association) courses were introduced to address this challenge. We began using NALAs services for the first time during Summer 2022 and became an official NALA member in July 2022.

7 participants choose to partake in NALA courses for literacy and digital literacy issues. The other 50 participants studied ICDL and other courses in some cases.

Achievements from our e-learning participants of 2022

ICDL / ECDL	161 ICDL/ECDL module exams successfully completed
QQI Level 3 Major ICT Award (NALA)	1
QQI Level 3 Minor Awards (NALA)	6
QQI Level 2 Major Award General Learning (NALA)	2
QQI Level 2 Minor awards (NALA)	13
NALA Level 1 (not QQI)	36
First Aid Responder Certificate	9
Barista City & Guilds Level 2	2
Beauty Therapy Courses	4 modules (1 student)
Manual Handling Certificate	50
HACCP Food Safety Level 1	1
HACCP Food Safety Level 2	1
Safe Pass certification	4
Introduction to Psychology QQI Level 5 -CCOC	1



Summary

All students receive an ECDL cert once they have their first exam completed. Each subsequent exam is added to the certificate. Once a student has 3 or 4 modules complete it is something that students can and should put on their CV. We encourage students to complete as many exams as possible, there were 11 possible modules at the beginning of the year, that is down to 10 now. 5 students completed either 10 or 11 modules.

NALA has been a fantastic addition to what we have on offer. In the past some people struggled in class and did not have anything to show for it which cannot have been good for their confidence. Now participants with literacy or digital literacy challenges have a range of courses to choose from and can achieve certification and boost their skills.

One of the aspirations for the e-Learning Centre is that participants will be inspired to continue with further e-Learning courses to advance their skills and career. This year 3 participants bought laptops to continue studies. The more advanced IT courses participants enrolled on include Python (coding), HTML and CSS (coding for websites) and Microsoft Office Specialist Excel core.



SUSTAINABLE FUTURES PROGRAM

NCE Outreach & Cork ETB collaborated once again throughout the year to deliver the Sustainable Futures programme. A grant of

The aim of the Sustainable Futures programme is to make Sustainability understandable, achievable, affordable, and accessible to all. This year we focussed on horticulture, food affordability, reduction in food waste, and wellness programmes

Our 2022 Wellness Programmes included QQI Level 4 Health & Fitness, with use of our new onsite Gym, Shower & Changing facilities, Relaxation Workshops & a Personal Development Programme.

53 NCE Outreach participated in Cork ETBS Sustainable Futures programme in our Farranferris Campus.



An Roinn Coimirce Sóisialaí
Department of Social Protection



cetb
Bord Oideachais agus
Oiliúna Chorcaí
Cork Education and
Training Board

PERSONAL DEVELOPMENT

The course commenced in January 2022 with a bespoke Personal Development Programme funded by CETB.

Workshops were delivered by the following professionals:

- Performance Coach
- Career Coach and Trainer
- Performance Trainer and Coach
- Mindfulness and Stress Management Expert
- Sleep and Energy Management Expert
- Teamwork trainer and coach
- Positive Psychology coach
- Emotional Intelligence Expert

60 workshops in total were delivered over the year & feedback from NCE Outreach participants was extremely positive:

“
*It helped me
big time in my
recovery*
”

“
*I found it
grounded me*
”

“
*Different
techniques i
can use in my
daily life*
”

“
*I found this
course to be a
great aid in
my addiction
recovery*
”

CELTIC CALENDAR PAUSE

During the Easter & Christmas breaks the NCE Outreach Sustainable Futures groups engaged in Celtic Calendar Pause Workshops, funded through the CETB Sustainable Futures program. Celtic Calendar Pause Points is a collaboration of yoga, meditation, breathing practice & reflective journaling inspired by Celtic mythology & rhythms of the natural world, This one-day workshop took place in our Farranferris campus,

The facilitators expressed that participants were open & receptive. Due to positive feedback Cork ETB funded a second workshop for all the Sustainable Futures participants in December 2022.

“

The Celtic Calendar was a lovely day, and the tutors were lovely

”

“

It would be great to have the Celtic Calendar pause back again

”

CULINARY SKILLS SPECIAL PURPOSE AWARD

CETB Culinary Skills Special Purpose Award for participants, the component is a huge success, with 17 folders submitted for assessment,

Feedback from Culinary Skills included:

“

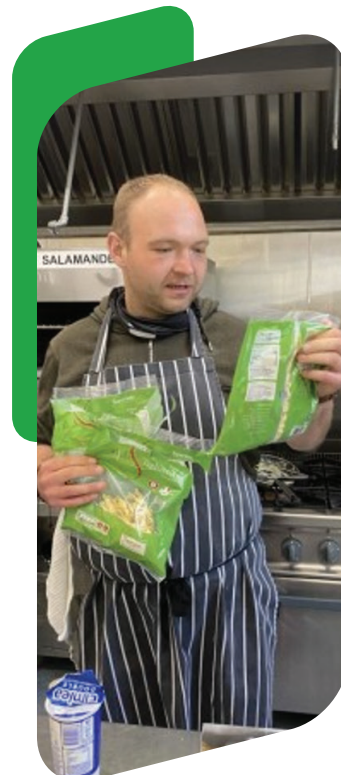
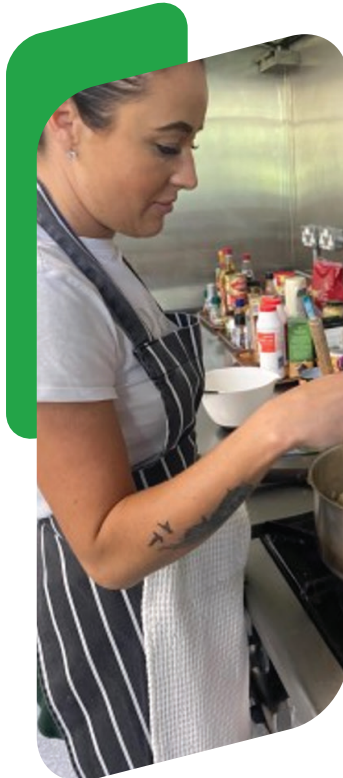
Helps me to cook healthier meals for myself that will help my personal fitness

”

“

I love cooking; I find this really interesting & very beneficial

”



HORTICULTURE

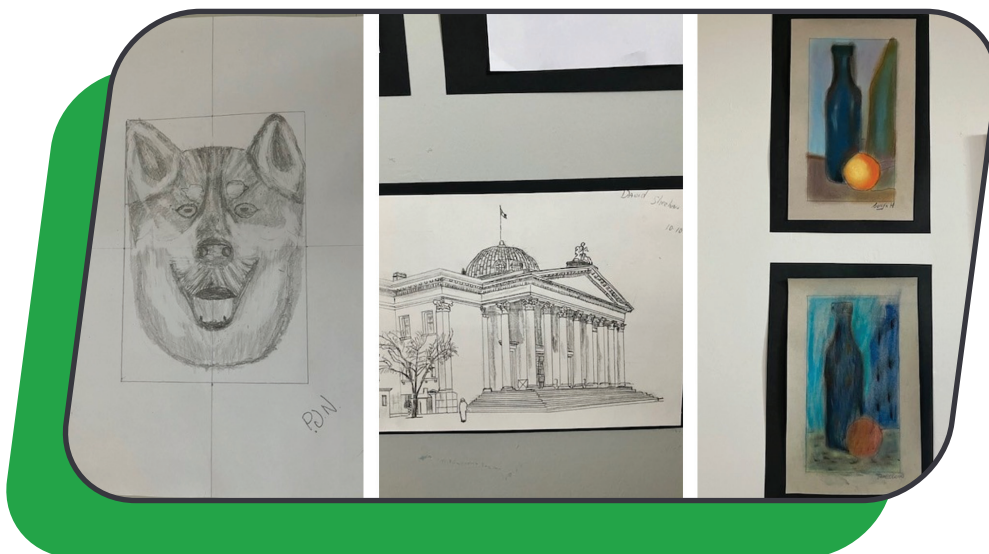
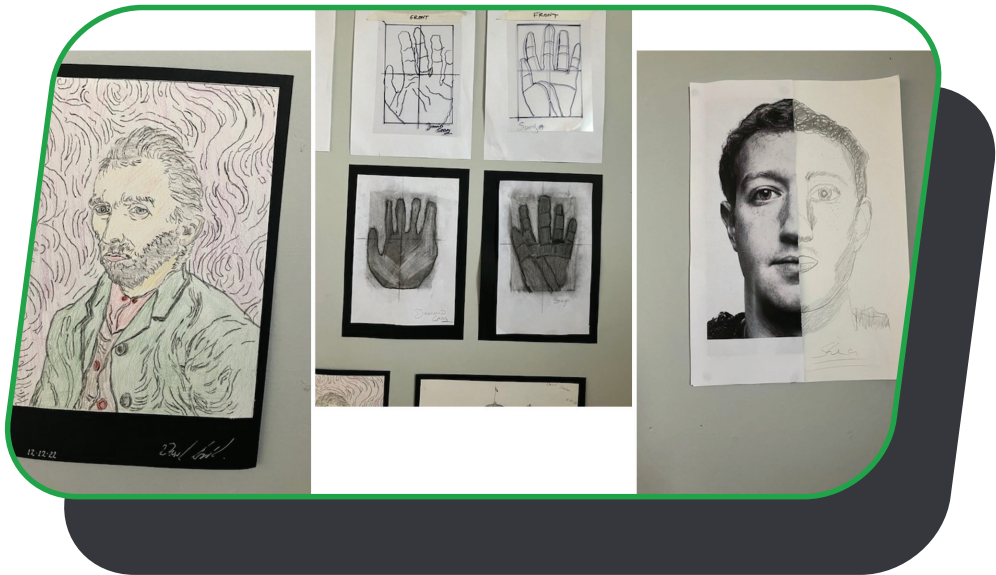
CETB provided participants with QQI Level 4 in Horticulture, which began in the Autumn. This was tutored once a week and was a combination of in class learning and practical learning, CETB provided funding for two glasshouses in the courtyard, participants under the guidance of CETB tutor, planted herbs, vegetables & bulbs in the glasshouses and the grounds of NCE Farranferris, They are a fantastic addition to our Farranferris campus.

The participants also engaged in a Tree planting day in St Marys Campus Guarranabraher.



ART

Each Monday our Outreach participants took part in Art class with Cork ETB.



AWARDS CEREMONY

Our awards ceremony took place in NCE Farranferris in December 2022, We welcomed our past & present participants, representatives from The Department of Social Protection, Cork ETB, The Tabor Group & Cuan Mhuire. It was a morning full of gratitude and celebration, when NCE Outreach took the opportunity to thank the participants for their commitment to the Outreach programme and to show our appreciation to Cork ETB & Department of Social Protection for their continuing support.

- 43 participants received awards
- 38 minor awards were achieved &
- 5 major awards

We celebrated with lunch in NCE followed by an end of year outing thanks to Kinsale Activity Centre

Congratulations to all the awardees & well done to all involved



REACH 2022 FUND

NCE Outreach were delighted to receive €24,000 through Reach 2022 Fund to complete Follaine/Wellness Outdoors Program, Through Cork Education & Training Board the fund support educationally disadvantaged learners in accessing and participating in community education. It aims to increase the participation of disadvantaged learners.

We worked closely with Kinsale Activity Centre to develop a wellness program, with the following aims:

- Gain a sense of freedom and wellbeing by being active outdoors on a regular basis.
- To come away from screens and technology.
- To gain confidence and resilience by trying new experiences, sometimes out of your comfort zone.
- To appreciate the local and natural environment.
- To gain awareness and consideration for possible career pathways Outdoors through Further Education courses.
- To achieve basic certification by participating in Leave No Trace, Kayaking, Lowland Walking, Campcraft, Powerboating and Sailing.
- Most importantly to foster and grow self-esteem.



REACH 2022 FUND



OUR IMPACT



35

NCE Outreach participants progressed to either further education or employment in 2022

Industry Standard awards were achieved (Safe Pass, Forklift Training, First Aid Responder, Manual Handling, Security, HACCP, Health & Safety, Train the Trainer)



129



29

Minor awards

Major awards



08

TESTIMONIALS

I joined NCE beginning of 2021,

Through my journey here in Farranferris, I have had so much help & support that has guided me on my path.

Staff & Supervisors helped me upskill in many departments, but it was the encouragement & support I received that has helped grow so much more.

During my time training and learning in ECDL, Catering, Reception, Laundry and Barista, NCE also supported me in qualifying in further certification.

Receiving my QQI level 6 certification last year with the help of my supervisor has now got me to full time employment.

The support, guidance, and learning opportunities at NCE has helped me grow as a person and gain pathways to Employment that I would have never thought possible.

Ann marie

TESTIMONIALS

NCE has given me the opportunity to try and become the best version of myself. My journey in NCE began in May 2021 and with it, I was reintroduced to training and education in the following areas:

- Security Guard combined license
- Forklift training
- Safe Pass
- Energy saving at home and in the workplace
- Bus Licence (in process)
- Health and Safety in the workplace (Studying at present)

Following on from these trainings, I received extra hours working for NCE Insulation. My role here was assisting the project manager and I was involved in both domestic and European projects, the highlight of which was getting to travel to Finland, representing NCE Insulation.

Currently I am an energy advisor in NCE, where I continue to monitor energy consumption and efficiency while also assisting and guiding staff in their behavioural change. I am also fire officer and involved in the health and safety team.

The opportunities provided to me in NCE has given me not just my confidence back, but the belief in my ability as a person. Through my recovery process, setting goals was an area where I learnt was important to my personal development. In the last 12 months I have reached goals that honestly if I reached in 5 years' time I would of been delighted.

I have recently been given a supervisor role where now I am mentoring and supporting participants that are in recovery. The relationships I have built with staff and the guidance I have received has given me incredible understanding and awareness with peoples lives day in day out. I feel I am extremely empathetic, loyal, trustworthy, and hardworking and these are strengths I did not have before coming to NCE.

NCE is a place where everyone is treated equally and respects each other regardless of their past. It's about taking that step inside Farranferris and making sure that you are open to the wonderful opportunities provided to each person coming through the door.

I started my journey as a Compulsive Gambler.

I found training and education.

I got a job.

I am now a supervisor.

I will be

(The rest is still unwritten)



NCE has been delivering essential training programmes to the people of Cork since 1993. Through partnerships with educational organisations and government agencies NCE offers effective solutions to enhance workforce preparation and grow area employment levels. We offer a diverse range of training programmes that are sector specific and which serve the social and economic needs of the local community.

Contact Us

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