A photograph of a large, multi-story red brick building with a prominent central tower and a statue in the foreground. The building is set against a blue sky with light clouds. The image is framed by a red, stylized border that also serves as a background for the title text.

# **Northside Community Enterprises Annual Report 2022**

[www.nce.ie](http://www.nce.ie)

# ADMINISTRATION INFORMATION

## BOARD OF MANAGEMENT

John Dooley  
Vincent Dower  
Ann Harnedy  
Ann O'Donovan  
Nick Heffernan  
Therese Hyde

## CHAIRPERSON

Fr. John O'Donovan

## TREASURER

Noreen Hegarty

## REGISTERED ADDRESS

St. Finbarr's College,  
Redemption Road, Farranferris  
Cork

## REGISTERED CHARITY NUMBER

20034481

## CHY (REVENUE) NUMBER

12054

## COMPANY REGISTRATION NUMBER

215494

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# A WORD FROM OUR CHAIRMAN

Since it's formation in 1993, NCE values and commitment to the community remains steadfast and continues to engage, enable and empower through our community integration.

*We believe that all people have the right to integrate with others in our community, re-educate, train, work and gain the relevant experience to progress to future full-time employment. Our aim is to promote social inclusion and accessible training opportunities to serve the local community.*

With this background, I would like to acknowledge and thank our board of directors who volunteer their time to managing and supporting NCE. A special word of acknowledgment and thanks to Noreen Hegarty the general manager of NCE since 1993 and who retired in March 2022.

NCE's management, supervisors, staff and employees have been fortunate to avail of Noreen's professionalism, leadership qualities, commitment, flexibility and the advice that she has always given to the company. She has always fostered an atmosphere of welcome and openness to all employees and visitors who come to the NCE complex in Farranferris. We thank Noreen for her huge contribution and we wish her well in the future.

Every year I acknowledge, managers, supervisors and staff who during the years have always endeavoured to put our mission statement into practice in the following work areas:

Farranferris Campus

Visitor Centre

Cathedral Centre, Eason's Hill

Little Hands Childcare Facility

Energy Hub

NCE Insulation

Tabor Group

Cuan Mhuire

Veteran Centre

Church Community Trust

AADI (Autism Assistance Dogs Ireland)

The Hut, Gurranaברה

Cork Community Artlink

Parochial Hall



## Nce Farranferris, during 2022 housed the following

FCETB-Sustainable Futures

Culinary Skills

Health Related Fitness

Design and Upcycling of Furniture

CETB

Mater Dei

Gaelscoil Pheig Sayers

Little Hands

Ukrainian's-English as a foreign language and IT Skills

NCE Energy Hub

NCE Insulation

NCE Altar Breads

NCE LTI GAA

NCE LTI Cork Win

NCE Cork Folklore Project

NCE Health and Fitness Centre

NCE Catering Facilities

NCE Community Laundry

All these activities, on site at Farranferris Campus in combination with our off-campus facilities give NCE a varied approach to people who come to us for education, training and employment.

As always, I acknowledge the support and encouragement we get from government agencies and departments (DSP, Cork ETB, Tusla). Through their support, NCE will continue to strive to be there for the people of our community and to be relevant in the times that we live in.



**Fr. John O'Donovan**  
Chairperson

# WHO WE ARE

Northside Community Enterprises Ltd was founded in 1993 to provide support services to communities in Cork City and to offer new opportunities to the long term unemployed through work experience, training, and education.

Since its formation NCE's values and commitment to the community remains steadfast. Through partnerships with educational organisations and government agencies NCE offers effective solutions to enhance workforce preparation and increase employment levels in the area. NCE offers a diverse range of training programmes that are sector specific and which serve the social and economic needs of the local community.

## OUR VISION

We believe that all people have the right to integrate with others in our community, re-educate, train, work and gain the relevant experience to progress to future full-time employment.

## OUR MISSION

to promote social inclusion and provide accessible training opportunities to serve the needs of the local community.

# OUR VALUES

## SOCIAL INCLUSION AND EQUALITY

Provide inclusive and respectful services that promote community, empowerment, integration, personal development, a sense of belonging and equal opportunities for all employees. Fairness and transparency are also key here.

## COLLABORATION & PARTICIPATION

Work and communicate with all NCE stakeholders by offering services that adapt to the needs of the community (NCE employees, trainees, funding bodies, customers, other organisations, the local and wider community.)

## COURAGE & ADAPTATION

To pioneer new ways of moving forward to meet the needs of our community by developing and integrating more sustainable practices throughout NCE.

## EDUCATION & TRAINING

Continue to deliver and develop certified training courses that improve employment opportunities for the community. Offer diverse training options to suit a variety of learning styles. Provide certified programmes that focus on building work life and

## COMMUNITY ENGAGEMENT & EXCELLENT CUSTOMER SERVICE

Continue to deliver and develop certified training courses that improve employment opportunities for the community. Offer diverse training options to suit a variety of learning styles. Provide certified programmes that focus on building work life and skills, personal development, confidence building and development of career pathways

# BOARD OF DIRECTORS



**Fr. John O'Donovan**  
Chairperson



**Noreen Hegarty**  
Treasurer



**Ann Hernedy**  
Secretary



**Terese Hyde**  
Board Member



**Ann O'Donovan**  
Board Member



**Vincent Dower**  
Board Member



**John Dooley**  
Board Member



**Nick Heffernan**  
Board Member

# MEET THE TEAM



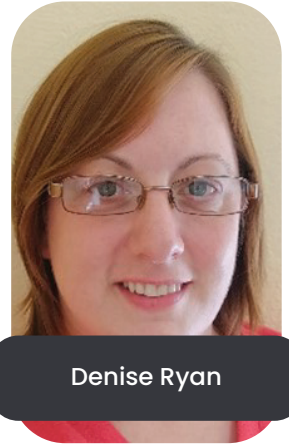
Michelle Collins



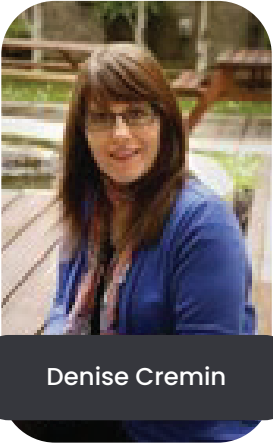
Alisheen O'Connell



Deirdre O'Connor



Denise Ryan



Denise Cremin



Lorraine Gleeson



Wayne O'Donnell



Margaret Kennedy

# MEET THE TEAM



Kevin Sheehan



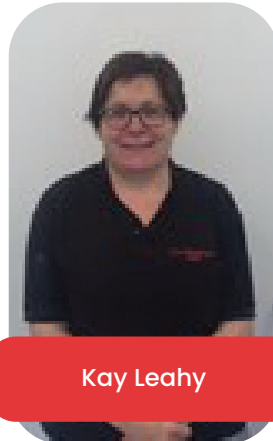
Ann Marie Hegarty



Stephen Wimpenny



Geraldine Ricken



Kay Leahy



Ursula Hegarty



Brian Murray



Fachtna O'Connor



# OUR STRATEGIC OBJECTIVES

In 2020 we developed a new Strategic Plan for Northside Community Enterprises. We conducted research, held consultations, and reflected with our stakeholders to form this strategic plan for the next 3 years.

Collaboration is a key strength within our organisation, and we are continuing to implement new ways of facilitating participatory practice with our stakeholders, especially with our CE participants. We are developing a holistic model that encompasses education, training, personal development, work experience and sustainability life skills. The transformative effect this service has will not only be seen at an individual level but will impact the organisation as a whole and will also reach out and strengthen the wider community at large.

NCE provides over 100 community employment opportunities and work experience as well as uncertified and certified training for the community which is funded by the Department of Employment Affairs and Social Protection. We are alert to the challenges that changes in community employment policy may bring, the way the economy can impact our social enterprises, the longer-term effects of the current Covid- 19 Pandemic and if funding for educational programs ceases. Therefore, we need to continually look for new creative ways to continue our work.

We believe that everyone has the right to integrate with others in our community. We believe that everyone should be given equal opportunities when it comes to education, training and employment opportunities especially those in rehabilitation programs. We exist to provide a holistic service for people undergoing rehabilitation programs so that they can build life skills and get the necessary experience to progress to employment or further education. We want our organisation to be at the heart of the Community providing key services that strengthens its social and economic fabric.

With this in mind five strategic objectives will contain and propel our work over the period 2020-2022.

**01**

## ***Create more employment and training opportunities for people at NCE***

When working with people from a variety of different backgrounds and educational levels it is important to find and develop new ways to engage the participants so that they can get the full benefits of training programmes and work placements. NCE must be aware of current jobs markets and develop social enterprises and training to reflect this. NCE aim to increase employment opportunities by 50% in the next three years.

**02**

## ***Increase the profile of NCE.***

Since 1993 NCE has been working with the community to provide accessible employment and training opportunities while promoting social inclusion and serving the needs of the community. While much of the local community are aware of the company and services, NCE needs to adapt to further promote the work that is being done by developing a communications strategy, promotional packages and hold more public events to reach a larger demographic.

**03**

## ***Maintain and establish links with the community and local businesses***

Since 1993 NCE has been working with the community to provide accessible employment and training opportunities while promoting social inclusion and serving the needs of the community. While much of the local community are aware of the company and services, NCE needs to adapt to further promote the work that is being done by developing a communications strategy, promotional packages and hold more public events to reach a larger demographic.



04

### *Develop NCE as a model for innovative sustainable practices.*

In 2019 Ireland declared a national climate and biodiversity emergency. NCE understand the crucial need to take action in order to protect the health of its employees, stakeholders and the wider community as well as educating staff and visitors on the importance of taking climate action. There are 5 acres of listed grounds in Farranferris that need to be maintained and protected to support biodiversity. This will be used as an educational tool for all stakeholders as well as the wider community. NCE is in the process of developing sustainable practices throughout our campuses while also improving and supporting biodiversity on the grounds. NCE aim to be flexible and proficient in standards of best practice across the full organisation.

05

### *To remain resilient*

NCE has had to adapt to meet the challenges of Covid 19 and Climate Change. NCE serves the needs of the local community by providing employment opportunities and training that are vital in 2020. NCE needs to evolve to reflect the current jobs market and need for training. NCE can remain resilient by being consistently informed around learning from and sharing best practices with other likeminded organisations as well as promote the work of NCE to a wider demographic. NCE must aim to act proactively to change the future rather than reactively to constantly adapt to it.

# SUPPORT & FUNDING



An Roinn Coimirce Sóisialaí  
Department of Social Protection



An Roinn Leanaí, Comhionannais,  
Míchumais, Lánpháirtíochta agus Óige  
Department of Children, Equality,  
Disability, Integration and Youth



This is a non-exhaustive list of the funders and supporters that partner with NCE, enabling us to deliver a broad range of activities each year. These include financial and non-financial supports as well as specific project sponsorship. We are most grateful to these organisations and institutions and thank them for their support

# TRAINING & EDUCATION



Work Initiative **Northside**



Little Hands **Childcare**



GAA Coach & **Player Development**



Health & **Fitness**

# WORK INITIATIVE NORTHSIDE

## About Us

The WIN (WORK INITIATIVE NORTHSIDE) project is based in 17 Eason's Hill, Shandon, Cork. The WIN project has been successfully running for the past 17 years and continues to excel at providing education and training support to the people of cork.

The WIN project focuses on giving people over the age of 18 an opportunity to develop or update their IT skills to current industry standards, this prepares them to enter the workplace or to go onto further education and employment upon completion. Support and learning progress is our main goal in helping learners achieve their potential.

## Awards & Certification

When the year long course is completed, students gain a QQI Level 4 major award in Office Skills with others also achieving an accredited certification in each of the 9 modules. In addition, learners can also gain certification in First Aid Responder, Manual Handling and Fire Safety.

2021/2022 was an exciting year here at WIN. Learners were all certified in Irish sign Language and also had the opportunity to work on mindfulness and yoga here in Eason's Hill, as we embarked on our journey away from covid- 19 and remembering to look after ourselves with our health and wellbeing. Next terms course has now been given permission to add Personal Effectiveness as we can grow and learn our own strengths and set future goals.

## Completion

This year's learners have had an amazing academic performance as a whole. All pulled together as a team to achieve their best and their results show this. Learners also got the opportunity to attend trips to education open days, job fairs and team building activities. The WIN 22 group made a tremendous effort throughout the year supporting each other and this resulted in all 5 learners achieving there Major QQI Level 4 award in Office Skills in August with another 2 learners achieving Minor module certification in most of the modules.

Our Learners have already gone on to further their careers from the course, with some securing full-time employment from their work experience opportunities in dental and healthcare Offices. Other learners have gone on to employment in hotel reception and securing places in QQI level 5 courses in Cork College of Commerce.

Congratulations to all the Learners on their hard work throughout the year.

We wish you all the very best.

# WORK INITIATIVE

## NORTHSIDE



# LITTLE HANDS CHILDCARE

NCE Little Hands Childcare Centre provided childcare and early education to an average of 100 children between the ages of 1 and 5 years of age in 2022. The childcare centre continued to meet the needs of parent by providing the following variety of childcare options to parents.

Fulltime childcare	Monday to Friday from 7.45am to 5.30pm
Part-time childcare	Monday to Friday from 9am to 2pm
3 Full days	Monday to Wednesday or Wednesday to Friday 7.45am to 5.30pm
2 full days	Monday & Tuesday or Thursday & Friday 7.45am to 5.30pm

In 2022 Little Hands had a staffing complement of 23 staff with the following qualifications QQI Level 5 and 6 in Childcare, Diploma in Montessori Teaching and BA in Early Childhood Care & Education

10 childcare Leaders	(5 started out on a CE Scheme)
10 Childcare Assistants	(7 started out on a CE Scheme)
1 Childcare Cœrdinator	(started out on CE Scheme)
1 DSP Supervisor	
1 Assistant to the Childcare Manager	
1 Childcare Manager	

The Centre continued to be supported by a CE Project namely the City North Childcare Project where participants are provided with the opportunity to gain hands on work experience in childcare while studying for a QQI Level 5 & Level 6 qualification in Childcare. Geraldine Ricken the current resident DSP supervisor reduced her working week from 5 days to 3 days and this provided an employment opportunity for a 2 day a week Supervisor position. Michelle Collins was successful for this position and as Michelle herself was a previous CE participant she brings a wealth of experience to the role.

The children attending our service benefitted from carefully planned daily routines and age appropriate early educational opportunities for learning. In each of the 7 childcare units the Childcare staff provided parents with monthly newsletters with learning goals in all areas of development including cognitive, language and social and emotional development. The centre continued to use the pod system previously used where children enjoyed day to day activities in smaller groups. Little Hands availed of Mentor support from the Lets Grow together infant and Childhood Partnership. The mentor assigned to Little Hands Katheleen Gildea provided on site mentoring and feedback to all childcare units throughout the year. Ciara Desmond availed of The Learning Language and Loving It training Program. This program is designed to provide early childhood educators with practical strategies for helping all children in the classroom build language and social skills, no matter what their learning and communication styles are, and even if they have special needs. The training was invaluable to our service and we hope to avail of the opportunity again next year.

While COVID 19 continued to impact the childcare centre in a lesser capacity than the previous year thankfully restriction were reduced and the childcare facility was able to open up and return to its annual activities. The centre undertook a St Partick's day parade through the childcare centre and into the main Farranferris building under the watchful eye of St Patrick himself and this was a very successful event. Pyjama day was the next big occasion and this annual popular event was thoroughly enjoyed by all the children, the idea of coming to creche / pre-school in their pyjamas is always a source of great fun and excitement. Graduation day returned and this memorable occasion is the highlight of the calendar year for the children leaving to go to primary school. Parents of the Montessori children attended the event where the children recited their favourite poems and songs. Each child was presented with a certificate, an individual book of their Little Hands memories and a framed photo of them in their graduation outfits. Refreshments were provided by the NCE restaurant and opportunities for photographs were provided in the courtyard of the Farranferris building. As DIY SOS was being filmed locally the Farranferris campus was a hive of activity. The onsite ambulance crew afforded the children the opportunity to visit and take a look inside the ambulance itself, such a visit was a very beneficial learning opportunity for the children. We followed this up with a visit from the Fire Brigade, again this was a very worthwhile experience for the children from Little Hands and provided endless conversation and learning opportunities for the children.

September 2022 saw the introduction of a new funding model in the childcare sector called Core Funding This funding is a payment to providers designed to support quality, sustainability, and enhanced public management, with associated conditions in relation to fee control and cost transparency, incorporating funding for administration and to support the employment of graduate staff.

The new funding model supports delivery of ELC and SAC for the public good, for quality and affordability for children, parents and families.

Core Funding is funded directly to providers (supply-side funding) and is designed to improve affordability, quality, inclusion and sustainability.

Core Funding operates alongside the National Childcare Scheme and the ECCE and constitutes additional income for providers on top of funding for these schemes, as well as income from parental fees.

This new approach to funding entails a shift in the relationship between the State and providers in relation to delivering ELC and SAC, with new responsibilities on both sides.

Core Funding is open to all registered providers subject to their agreement to the terms and conditions of the funding. Little Hands Childcare Centre signed up to the funding programme in September 2022. Staff benefited from an Employment Regulation Order which saw wages increase to a mandatory €13 per hour. Premiums were paid to the childcare service for Graduate employees and this funding will hopefully stabilise staffing in the childcare sector as a whole

Little Hands Childcare Centre continues to provide a much-needed childcare service to the local community and beyond. We strive to provide a high quality facility that keeps children safe and healthy. In addition, we aim to help children develop skills for life for example .

- Social, emotional and communication skills
- Pre-literacy and basic mathematical skills and concepts
- An awareness of their environment and the roles of the people in it

So many critical functions in a human being's life are developed during the very first five years. This early learning period has a far-reaching influence on the future growth, health, happiness, learning achievement and development of the child. The staff of Little Hands Childcare Centre are committed, hardworking and dedicated to their profession and strive to give every child in their care the best start in life they can.



# LITTLE HANDS CHILDCARE



# **GAA COACH & PLAYER DEVELOPMENT**

The GAA Coach and Player Development Course is based at the Farranferris Training Campus on Redemption Road Cork, this is our First year and our aim is to Develop Coaches and Players whilst also providing education and training to the people of Cork. The staff have both International and National accreditation in Coaching at the highest level. We are funded by the Cork Educational board as a Local Training Initiative (LTI).

The GAA Coach and Player Development Course focuses on giving people over the age of 18 an opportunity to develop or update their IT which also helps with the current innovation in GAA coaching. We have the use of a Gym with separate Cardio and weights section under the supervision of a Gym instructor at all times. When the 48-week long course is completed, students gain a QQI Level 4 accreditation award in Sports and Recreation. In addition to this award learners can also gain certification in GAA Foundation level coaching, First Aid Responder, Manual Handling and Fire Safety.

This year's learners have had a brilliant year academically, personally and as a group. They have been on many trips to education open days, and team building activities.

The GAA Coach and Player Development Course class of 2022-2023 were super in supporting each other through the learning process, in-class and online learning, hopefully this will result in all students achieving their full

Major QQI Level 4 award. Some of our learners will progress to QQ Level 5 courses for the coming year. I wish to offer my Congratulations on the awards and all the best in your future careers.

Brian Murray

Course Co Ordinator.

# GAA COACH & PLAYER DEVELOPMENT

//

*Back hurling after 20 years.  
Theres nothing better. A  
brilliant course. Would  
recommend it highly*

//

Kieran Walsh, 2022 -2023



//

*This course was really  
enjoyable: it gave insight on  
how to coach young kids  
starting off and it was a lot  
of fun going out to the  
schools coaching kids.*

//

Darren Brennan, 2022 -2023

# OUR ENTERPRISES



The Carbon **Club**



Cork Folklore **Project**



Cup 'n' **Cino**



NCE **Bakery**



Relove **Paint**



# THE CARBON CLUB

The Carbon Club is a Not for profit organisation, who are educating and empowering students, businesses and community groups to reduce energy consumption and carbon emissions through energy monitoring and behavioural change. This will provide the students with practical knowledge to assist them reduce their environmental impact and Co2 emissions.

## Project overview

The Carbon Club held their inaugural Schools Carbon Club Challenge between 2022 to 2023. Ten Post Primary ETB Schools in Cork were competing against each other to see who could save the most kilowatts of energy & reduce their carbon emissions. A free Energy Monitoring system with a visual display screen was installed in each school so that all students could see live energy consumption data in the school as well as the associated CO2 emissions. Each school set up an energy team with transition year students who acted as Energy Team Ambassadors in their school and completed in challenges throughout the year. The winning school received a free 10 kWp Solar PV system and each school will have an energy audit carried out as well as receive a free electrical vehicle charger.

This project was funded through the SE Systems Community fund and the energy metering was co-funded through the SEAI Community Energy Grant. The participating schools incurred no costs.

The following Schools took part:

- Clonakilty Community College
- Coachford College
- Coláiste an Chraoibhin
- Coláiste Choilm
- Coláiste Fionnchua
- Coláiste Pobail Naomh Mhuire
- Coláiste Treasa
- Glanmire Community College
- Schull Community College
- St. Colman's Community College

## Key project milestones:

- September 2022 Energy Metering installed by the Carbon Club
- October 2022–Energy Ambassador team formed, and training provided on energy metering platform.
- November 2022 Challenge No.1 Energy Team Awareness Campaign
- December 2022 Challenge No 2. Christmas baseline challenge
- March 2023 Challenge No.3 Energy Audit Report
- April 2023 Challenge No.4 Solar PV Design and report.
- May 2023 Competition winner announced and prize giving ceremony.

## Competition Results Summary

- 10 CETB Post Primary schools engaged in the competition.
- Total Energy savings: 70,786 kWh
- Total Carbon Savings: 30.08 Metrics Tonnes of CO2
- Total equivalent trees planted: 1203 Trees
- Winning School received free Solar PV system and all 10 schools received a free EV Charger and energy audit report from an SEAI registered energy auditor.

## Energy Upgrade Works

A combination of the following works were included across the three projects.

- Electrical Energy Monitoring Equipment in 10 CETB schools across Cork city and County



# THE CARBON CLUB CLUB



# CORK FOLKLORE PROJECT

The Cork Folklore Project was founded as a non-profit community research archive in partnership with the Department of Folklore and Ethnology at University College Cork, NCE and the DSP. The mission of CFP is to digitally record stories and memories of Cork to share with the community and visitors free of charge. Serving as a community employment scheme, more than eighty people have worked on the project, acquiring training in computers, oral history interviewing, research, photography, video and sound recording, desktop publishing, archival methods and more.

## Oral History For Health

In 2022, CFP successfully completed its collaboration with the Cork North Community Work Department of the HSE, 'Oral History For Health'. Following this positive project, Management at CFP and HSE have continued to collaborate and explore avenues of development. In late 2022, following presentations by the CFP Manager, the HSE invested €10,000 into the work of the CFP in building oral heritage as a health centred initiative.

## Oral Interviews

Several high-profile interviews have been carried out including with the ninety-two-year-old son of Professor James Hogan (UCC), in which the life, career and revolutionary activities of the late Professor Hogan were explored. In line with our mission to record voices of a diversity of people living in Cork, we have also recorded the memories of Cork based Polish artist, Artur Grejner. In addition, we returned recently to interview 101-year-old Mary Morgan (left with CFP researcher David McCarthy) to add to a recording undertaken back in 2017. We were thrilled to find Mary in such good health and to be able to narrate with such clarity, a century of memory and oral tradition that reached to the Irish famine. Mary was born in west Cork near Kilmichael in 1922. Their house and that of her

grandmothers were 'safehouses' during the War of Independence and Civil War. In the 1940s, Mary moved to the city to work in public houses run by her sisters (The Gables on Douglas St and The Phoenix on Union Quay). We have also commenced recording projects on the City of Cork Male Voice Choir, the Butter Exchange Band and the Blackpool Historical Society.

As of July 2023, Cork Folklore Project have undertaken **828 RECORDED INTERVIEWS** amounting to over 1,000 hours of recorded memory.



## CE Research Programmes

In addition to continual development of interview and archiving skills, Research Staff have worked on several research programmes, largely focused on the collection and archival material of CFP. This includes the reviewing audio and text-based resources, identifying thematic elements and extracting material into a thematically led resource. This included:

- Education and experiences of schooldays
- The 1940s in the CFP Collection
- Placenames in the Northside
- Memorials and Public Places

A **CFP Collector's Manual** is being compiled to assist collectors in the full process of preparing and executing comprehensive semi-structured interviews.

**Office Administration:** Following a number of years where the CFP office has been moved six times, Lisa Dalton has been working closely with the CFP Manager in the coordination and consolidation of the broader office administration and process forms of CFP. The various moves and associated challenges resulted in a serious disruption to our office admin and the rectification of this is ongoing.

**Social Media:** CFP have maintained an active presence through our social media accounts, as well as our website – [www.corkfolklore.org](http://www.corkfolklore.org)

**Public Enquiries:** CFP Continue to receive a high volume of enquires from the public. These are principally dealt with by the CFP Manager but on occasion, researchers are delegated to address particular enquiries. Enquires can relate to research, family enquires, academic scholarship, radio feature requests

## Cork City Community Radio

CFP agreed a Radio Feature Series with Cork City Community Radio which sees regular interviews and playing of audio features selected from the CFP Collection. The Feature is ran on the Tadhg O’Ceallachair show.

## Depositions to CFP

In 2022, the CFP Manager delivered Masters’ Programme Modules for both University College Cork and University of Limerick. As a result, interviews generated as part of the modules have been deposited with the project, increasing both the number and spread of recorded material.

## Community Listening Event –‘Circular Tales’.

At this community listening event, held at Tory Top Library, the CFP shared stories and memories from our archive to celebrate the launch of our project ‘Circular Tales’, with a most engaged audience. Dr Cliona O’Carroll and Jamie Furey (Project Lead), presented stories of how Cork City communities in the 1940s to 1960 stretched resources, earned extra money, and creatively appropriated all sorts of goods from chocolate crumb to apples to fish. The broader project will engage with our colleagues in the Environmental Research Institute who will identify how these memories are relevant to current concerns about ecological sustainability.

## Culture Night 2022

For Culture Night 2022, our Catching Stories team created an immersive oral history experience outside the old Grattan Street medical centre. We played a clip of Joe Scanlon recounting getting vaccinated in 1958 at the Grattan Street medical centre. People of all ages stopped by to be ‘transported’ back in time to hear Joe tell of his experience with ‘the branding iron’.

## Catching Stories

Catching Stories is a Science Foundation Ireland-funded Discover funded project undertaken by University College Cork’s Department of Folklore & Ethnology, Department of Pathology and the Cork Folklore Project.

The project consists of a collection of oral testimonies, text-based responses, objects of memory and ephemera relating to infectious diseases in Ireland. These strands will be presented in this online resource with additional commentary from an immunologist to give a holistic view of how infectious disease and the subsequent public health measures affected Irish society. For more on our Science Foundation-funded Catching Stories project please visit [www.catchingstories.org](http://www.catchingstories.org)

### Heritage Council Grant 2022

Under the Community Heritage Grant Scheme 2022, the Cork Folklore Project were successful in obtaining a grant of €6,300 towards our project – **'OPENING MEMORIES' – CORK FOLKLORE PROJECT ONLINE CATALOGUE**. This enabled almost 200 interviews with attendant metadata files to be compiled and uploaded by the appointed professional, Kieran Murphy. This included data entry of all administrative and content metadata relating to almost audio interviews



## CUP 'N' CINO CAFE & NCE Bakery

Our community café continues to offer people a warm and welcoming environment to meet with colleagues, family or friends and enjoy the fresh delicious food on offer. As a community hub, we are committed to providing nutritious food using fresh wholesome produce, affordable prices, and a friendly service. The café is supplied with food from our Bakery and Main Kitchen .

Our breakfast and lunch menu is available each day Monday to Friday, serving the best locally sourced ingredients.

Staff at our onsite Café have all received professional barista training to a high level of skill in making americanos, espresso shots and espresso drinks, such as lattes and cappuccinos.

Our Main Kitchen has been running for 28 years. The team are dedicated and passionate about all the food they prepare and cook. We provide wholesome and nutritious dinners daily for the children in our onsite creche. All food in the café is prepared in the kitchen. We cater for any occasion you may be having throughout the year from Birthday's, Christenings etc.

The onsite Bakery has been running for 20 years and is based in the main campus in Farranferris. The team are dedicated and passionate about every aspect of baking and ensure that everything is made on site with the freshest of ingredients. All our pastries and cakes are made by hand daily and our bite size cakes are renowned across the city and county.

Trainees can gain invaluable experience and insights into the world of baking and patisserie with our Head Baker who has been baking for many years. The Christmas season was a great success, with cakes being delivered to customers across the city.

Our Café, Bakery and Kitchen remains committed to providing training opportunities and work experience to CE participants throughout 2022, so supporting our cafe is a way of helping us to make a difference in our community.

# CUP 'N' CINO CAFE & NCE Bakery





# RELOVE PAINT

Relove Paint at NCE re-uses donated water-based paint from 2 Civic Amenity sites in Cork City and recycle it into premium quality paint for homeowners, community groups, contractors, and painters. We filter, recolour, and mix it into new, one-of-a-kind colours. Our paint is used in all homes where we are carrying out works.

As well as helping to protect our environment by diverting paint from waste, Relove Paint delivers jobs locally and reduces costs for individuals, community groups and businesses who are using the paint. The water-based paint is available in a variety of colours and can be purchased through the social enterprises.

January 2022- December 2022

- NCE has collected 3,000kgs of paint that was going to landfill.
- Created employment.
- Provided 73 community groups with high-quality low-cost paint.

Relove Paint was a winner of a PAKMAN Award in 2022 for best Community Recycling Initiative. The Pakman Awards are Ireland's leading National Environmental Awards that recognise excellence in recycling and waste management among businesses, organisations, community groups and individuals in Ireland. All organisations who demonstrate their sustainability and environmental efforts may enter.



# RELOVE PAINT

**BEFORE**



**AFTER**





NCE has been delivering essential training programmes to the people of Cork since 1993. Through partnerships with educational organisations and government agencies NCE offers effective solutions to enhance workforce preparation and grow area employment levels. We offer a diverse range of training programmes that are sector specific and which serve the social and economic needs of the local community.

## Contact Us

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