



ENGAGE
ENABLE
EMPOWER



NCE ANNUAL REPORT 2023

ADMINISTRATION INFORMATION

BOARD OF MANAGEMENT

John Dooley
Vincent Dower
Ann O'Donovan
Ann Harnedy
Nick Heffernan
Therese Hyde

CHAIRPERSON

Fr. John O'Donovan

TREASURER

Noreen Hegarty

REGISTERED ADDRESS

St. Finbarr's College,
Redemption Road, Farranferris
Cork

REGISTERED CHARITY NUMBER

20067465

CHY (REVENUE) NUMBER

17890

COMPANY REGISTRATION NUMBER

332519

TABLE OF CONTENTS

A Word From Our Chairperson	01
Manager's Report	02
Board of Directors	03
Who We are	05
Meet Our Team	07
Annual Report	09
Our Impact	11
Sustainable Futures	13
Reach Outdoor Education	15
Food Cloud	17
Support & Funding	18



An Roinn Coimirce Sóisialaí
Department of Social Protection



A WORD FROM OUR CHAIRPERSON

This annual report highlights the actions and developments of N.C.E. Outreach during the year 2023. In that sense, it is no different than any other year because it's all about adapting to our times and to the different people who come to us every year in N.C.E.

A place of welcome, a place of integration, a place where people are comfortable and develop naturally during their time in N.C.E. Outreach. We are there to reach out, learn and adapt, to engage, enable, and empower.

N.C.E. Outreach in 2023 marks a new scenario with our newly appointed manager, Wayne O'Donnell. Wayne has and will bring his own particular talents to the continuation of the yearly development of N.C.E. Outreach.

Huge gratitude in our company is always given to our board management, those people who make this company happen, who help it to exist. They always give of their time in a quiet and unassuming way. All people in N.C.E. Outreach acknowledge their commitment to the ongoing work of this company.

Every year, like the board of management, we would not be here without the support and the encouragement of government agencies and departments, D.S.P. and Cork E.T.B. Through their ongoing support and the work of all supervisors and staff on the Outreach project, and with the continued partnership of Cuan Mhuire (Teach Mhuire), the Tabor Group (Fellowship House), the Probation Services, and Churchfield Community Trust, we in N.C.E. Outreach are given the opportunity to help and to enable people in their own development through employment, education, and training.



Fr. John O'Donovan

MANAGER'S REPORT

We at NCE and NCE outreach continue to thrive to support people reintegrate into society by offering them education as well as employment opportunities through our social enterprises in NCE.

Throughout 2023, many highlights were reached by our wonderful staff and participants. One main highlight was the launch of our wellness Programme where we had the pleasure of welcoming Minster McGrath along with local representatives. We are very grateful for all the support from local businesses to help us launch our wellness programme and it is great to see so many participants use our gym facility each day.

Our continuous collaboration with Cork Education Training Board has ensured our ethos around education continues to grow. We offered various courses and had many students come through our door in 2023 and leave with a better education further enhancing their opportunities in society.

As manager of NCE, I firmly believe that a leader is only as good as their team. The continued success of NCE would not be possible without the fantastic attitude, commitment and work ethic of our team in NCE. I thank all our staff and participants for bringing their strengths, perspectives and skills to continue to grow NCE.

I want to take a moment to personally thank my assistant manager Karen Kenny for the exceptional work, support, attention to detail and professionalism Karen has shown since I took over as manager. This support did not go unnoticed. Finally I would like to express my sincere gratitude to chairperson John O'Donovan as well as the Board of management for the opportunity to lead NCE. I am truly honoured by the trust and confidence you have placed in me. The position represents an exciting and significant step in my career, and I am eager to contribute to the continued success of Northside Community enterprise.



Wayne O'Donnell
General Manager

BOARD OF DIRECTORS



Fr. John O'Donovan
Chairperson



Noreen Hegarty
Treasurer



Ann Harnedy
Board Member



Nick Heffernan
Board Member



John Dooley
Board Member



Vincent Dower
Board Member



Therese Hyde
Board Member



Ann O'Donovan
Secretary

BOARD OF DIRECTORS



WHO WE ARE

NCE Outreach offers training and employment opportunities for people engaged with the addiction treatment services offered by the Tabor Group & Cuan Mhuire through Northside Community Enterprises

NCE Outreach provides training that helps to improve education, training and employment prospects, increase confidence and self-awareness and to assist participants in identifying their next steps in regard to possible retraining or upskilling to help support the participants to return to work or education during or after their time in rehabilitation with Tabor Group or Cuan Mhuire.

OUR VISION

We believe that all people have the right to integrate with others in our community, re-educate, train, work and gain the relevant experience to progress to future full-time employment.

OUR MISSION

To promote social inclusion and provide accessible training opportunities to serve the needs of the local community.

OUR VALUES

Social Inclusion & Equality

Provide inclusive and respectful services that promote community, empowerment, integration, personal development, a sense of belonging and equal opportunities for all employees. Fairness and transparency are also key here.

Collaboration & Participation

Work and communicate with all NCE stakeholders by offering services that adapt to the needs of the community (NCE employees, trainees, funding bodies, customers, other organisations, the local and wider community.)

Courage & Adaptation

To pioneer new ways of moving forward to meet the needs of our community by developing and integrating more sustainable practices throughout NCE.

Education & Training

Continue to deliver and develop certified training courses that improve employment opportunities for the community. Offer diverse training options to suit a variety of learning styles.

Community Engagement & Excellent Customer Service

Continue to deliver and develop certified training courses that improve employment opportunities for the community. Offer diverse training options to suit a variety of learning styles. Provide certified programmes that focus on

MEET OUR TEAM



Fr. John O'Donovan
Sponsor NCE Outreach Project



Wayne O'Donnell
General Manager

MEET OUR TEAM



Bríd Gould
Outreach CE Supervisor



Karen Kenny
Outreach CE Supervisor



Trish Collins
Outreach CE Supervisor



Jennifer Dowling
Outreach CE Supervisor



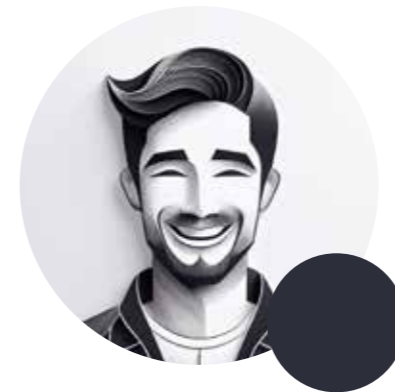
Geraldine Kiely
Outreach CE Supervisor



John O'Leary
Outreach CE Supervisor



Laura Griffin
Outreach CE Supervisor



Ross Meehan
Outreach CE Supervisor

ANNUAL REPORT

NCE Outreach continued to work with Cuan Mhuire, Tabor Group and The Probation Services of Ireland throughout 2023, providing education & training opportunities through the Dept. of Social Protection, Cork ETB, Solas & NALA to hundreds of people in early recovery from addiction. As part of their recovery programs, participants from all over Ireland can engage with NCE where we provide personal & professional development, education, training and meaningful work placements.

In 2023 we had the honour of welcoming the then Minister of Finance Michael McGrath to our Farranferris campus. Mr McGrath officially launched our NCE Wellness program, a collaboration between private investors, the DSP, Cork ETB & NCE.

Based on the feedback of participants the program offers the chance of engaging in wellness activities, such as hill walks, rock climbing, kayaking outdoor adventures with Kinsale Outdoor Education Centre, Yoga, Personal Development,



Minister for Finance Micheal McGrath met with participants from Northside Community Enterprise's (NCE) Outreach programme as he assisted with the launch of the NCE wellness programme

New addiction recovery programme for Cork city



Are you applying to University using your QQI / Further Education qualification?

Costcutter
GRENAGH
All your needs in one place!
Petrol Station
Post Office
Off Licence
Deli
Solid Fuel
ATM
Urban Sip Coffee

Opening Hours
7am - 10pm Monday - Friday
10am - 10pm Saturday & Sunday



OUR IMPACT

Our team of 9 Outreach Community Employment Scheme Supervisors worked closely with the Community Development Officer to meet the needs of the participants on an individual basis and provide the training & education to enhance employment & further education opportunities



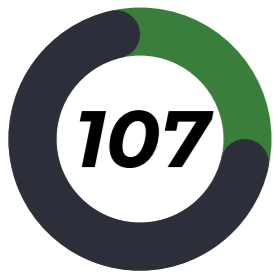
20 QQI accredited courses ranging from Level 1 to Level 7 including Train the Trainer, Security Training, Horticulture & Health & Safety



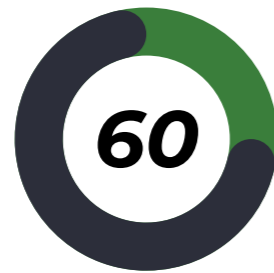
2 participants achieved their Diploma in Psychological & Health studies



Completed PHEECirst Aid Responder training



Gained their Manual Handling Certificate



Over 60 participants engaged in NCE Outreach's e-Learning lab located in the grounds of Fellowship House.



96 ICDL modules were completed in 2023, 2 QQI Level 3 ICT Major Awards were achieved as well as 8 Level 3 Minor Awards & 22 Level 2 Minor Awards.



152 new people joined the project in 2023



192 individualised training courses were achieved by participants



56 participants progressed to employment



Picture: Noreen O'Driscoll receiving her General Learning award, from Rory's Stories, which covered 13 QQI minor awards at both level 2 and 3.

Well done to all our participants on their achievements!

SUSTAINABLE FUTURES

Cork Education & Training Board through the Sustainable Futures grant supported our Outreach participants' return to education throughout 2023. 61 participants engaged in the Sustainable Futures program.

The aims of the Sustainable Futures course was to enhance the lives of people in recovery by offering Personal & Professional development, healthy life skills, such as cooking on a budget & how to use food in a sustainable manner, outdoor activities such as horticulture & relaxation workshops including Celtic Calander Pause Points.

Celtic Calendar Pause facilitated wellbeing workshops for the groups during the Midterms ,

This is a relaxation morning using techniques through breathing practices, yoga, yoga nidra, meditation, visualisation and reflective writing. Participants establish tools to deal with daily life.

During the summer Mary & Lisa facilitated a workshop outdoors in the Ballyhooley Woods, later in the year they came to NCE Farranferris and used our relaxation space.



The participants engaged in a level 3 Culinary Skills Special Purpose award as part of the Sustainable Futures program

CETB provide fully equipped Kitchen facilities and weekly shopping for the participants to cook & bake new recipes each week and achieve a Major Award & meeting the entry requirements to Cork College of Further Education.



The participants engaged in QQI accredited Health-Related Fitness, our onsite gym complemented the program with participants having free use of the facilities.

28 of the participants who engaged in the Sustainable Futures course progressed to employment, 1 progressed to QQI Level 5 Boxing Clever Programme & 18 remain



REACH

OUTDOOR EDUCATION

NCE Outreach Community Employment participants, engaged in a 12-week Outdoor Education program in 2023, the wellness outdoors project provided our participants with weekly access to a structured program run by experienced Outdoor Education Instructors from Kinsale Outdoor Education Centre, our aims were as follows:

- Gain a sense of freedom and wellbeing by being in the outdoors regularly.
- To come away from screens and technology.
- To gain confidence and resilience by trying new experiences and sometimes out of their comfort zone.
- To appreciate the local and natural environment.
- To gain awareness and consideration for possible career pathways Outdoors through Further Education courses.
- To achieve basic certification by participating in Leave No Trace, Kayaking, Lowland Walking, Campcraft, Powerboating and Sailing.
- Most importantly to foster and grow self-esteem.

The participants were collected weekly from NCE & brought to Kinsale where to take part in the activities listed above in a supportive, non-judgemental environment

Thank you to Cork ETB who provided €18,000 for the 12-week programme outlined above and an additional €9000 for IT equipment to support NCE Outreach through Reach 2023



“

The program has given me the ability to understand myself, my different personality elements that I can use to assist with my recovery & beyond. It has also given me the knowledge to cope with trauma in

”

“

I think the programme was unbelievable & it has opened my mind to a different view on subjects


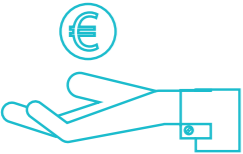


”

FOOD CLOUD



We provide food donations from our foodcloud project to all participants and staff who require supports each Tuesday.

Our partnership with Food Cloud has had the following impact :

	6,239	kg Surplus food
	€16,380	Estimated value of food redistributed
	14,854	Meals provided
	14,350	Kg of CO ₂ avoided

SUPPORT & FUNDING



An Roinn Coimirce Sóisialaí
Department of Social Protection



cetb
Bord Oideachais agus Oiliúna Chorcaí
Cork Education and Training Board



An tSeirbhís Oideachais Leanúnaigh agus Scileanna
Further Education and Training Authority



Adult Literacy for Life

OUR VISION

We believe that all people have the right to integrate with others in our community, re-educate, train, work and gain the relevant experience to progress to future full-time employment. Our aim is to promote social inclusion and accessible training opportunities to serve the local community.

CONTACT

Phone:

+353 21 422 8200

Mail:

info@nce.ie

Address:

St. Finbarr's
Education & Training
Campus,
Redemption Rd,
Farranferris,
T23 YW62



ENGAGE
ENABLE
EMPOWER
